

Kanchenjunga Base Camp Trek



Region: Sikkim Himalaya

Best Season: March - June & Aug - November

Max. Altitude: 5002 mts / 16406 ft

Duration: 11 days

Grade: Moderate to Challenging

Day 01: Delhi - Bagdogra - Gangtok (124 kms/3-4 hrs)

In the morning catch a internal flight for Bagdogra airport. Upon arrival at Bagdogra airport met our representative and drive towards Gangtok. On arrival transfer into hotel. Evening free to do your own activity. Dinner & overnight in the hotel.

Day 02: Gangtok - Yuksam (123 kms/6-7 hrs) (1780 mts /5838 ft)

In the morning drive to Yuksam via a beautiful valley. On the way you will find dense forest, lush green meadows, waterfalls and much more. Upon arrival at Yuksam set out camp for dinner and overnight stay.



Yuksam is the base of West Sikkim's most popular trekking region, Dzongri and is also of historical importance to the Sikkimese.

Yuksam literally means 'meeting place of the three lamas'. In the beginning of

seventeenth century a rift between different factions of Buddhist sects in Tibet forced the Red Hat Sect to seek refuge in Sikkim. Lama Lhatsun Chempo, on his



journey to Sikkim, arrived at Norbugang in Yuksam, where he met two other lamas, Sempa Chempo and Rinzing Chempo and began converting the people into their faith. Sacred texts had revealed that the ruler designate of Sikkim would be a man named Phuntsog of Gangtok, so the lamas sent an envoy in search of him. The party returned with Phuntsog Namgyal, whose ancestry could be traced to the legendary prince Guru Tashi, founder of the Kingdom of Miyang in the Chumbi Valley. In 1641 Phuntsog Namgyal was crowned as Sikkim's first king, the Chogyal.

Day 03: Yuksam (1785 mts/5854 ft) – **Tsokha** (3000 mts/9840 ft) (14 kms/5-6 hrs)

The trail from Yuksam starts at the local market and follows main road towards the north. The trail climbs gently out of the valley and hugs the right bank of the Ratong Chu River, which can be heard thundering through the gorge below. The trail crosses over four bridges to climb steeply towards north-west to the small settlement of Bakkhim. Continue for another 3 kms through forest of magnolia and rhododendron to reach Tsokha. On arrival set campsite for dinner and overnight stay.



Day 04: Tsokha – Dzongri (4030 mts/13218 ft) (10 kms/5-6 hrs)

On this day the trail passes through the village of Tsokha and continues to climb north through the forest of rhododendron to the alp of Phedang (3650 m)



taking around 3 hrs to complete the ascent. Continue further towards Dzongri. On arrival set campsite for dinner and overnight stay.

Day 05: Dzongri (4030 mts/13218 ft)

Excursion to Laxmi Pokhari

Early risers can get up before dawn to climb to a vantage point on a ridge above the campsite to watch the sunrise on Kanchenjunga, Kabru, Pandim, Rathong, and many other peaks of the Kanchenjunga range.

The trail first goes through rhododendron bushes and pasture land for about an hour to Chamaray. From here it is a gradual ascent to Laxmi Pokhari, a big lake cupped in a deep crater. Here you will get good view of Kanchenjunga range, Pandim, Narsingh, Kabur, Kabur dome, Kuktang etc. If you reach Laxmi Pokhari early and feeling physically fit, an excursion towards Kabur rock will be a rewarding experience. Back to Dzongri. Dinner and overnight in the camp.



Day 06: Dzongri - Bikhbari (12 kms/4-5 hrs)

The trail first ascends gradually for about half an hour & then descends till we reach a crossroad. The trail on the left goes down to Zamlingang. We follow the trail to the right, which is a flat walk throughout. Dinner and over night stay at the camp.

Day 07: Bikhbari

Excursion to Chaurikhang and Rathong Glacier (Kanchenjunga Base Camp)



It is a gradual ascent all the way to the base camp. This is the Kanchenjunga Base Camp, which is also the site where the Himalayan Mountaineering Institute of Darjeeling conducts its advanced mountaineering courses. You can get close views of Frey's peak, Koptang, Kabur and Rathong from here. Return to Bikhbari. Dinner and overnight stay at the camp.

Day 08: Reserve day for summit.

Day 09: Bikhbari - Bakkhim

In the morning trek back to Bakkhim with packed breakfast. Dinner and overnight stay at the camp.

Day 10: Bakkhim - Yuksam

In the morning trek back to Yuksam. After lunch trek to Dubdi monastery, 'the hermit's cell', which is situated on the top of a lofty hill one thousand feet above Yuksam? The fir-clad mountains behind provide a dramatic background. Founded by Lhatsun Chempo in 1701, it is the oldest monastery in Sikkim. After visiting the monastery descend to the site where the first King of Sikkim was crowned in 1641 by three lamas. Dinner and overnight stay at the camp.



Day 11: Yuksom - Bagdogra - Delhi

After breakfast drive to Bagdogra airport and from here catch a flight for Delhi.

Trip & Services Ends Here

Cost of the trip

USD 985 per person* (for a minimum of 2 - 4 people)

INR 38500 per person* (for a minimum of 2 - 4 people)

*4.9% service tax extra

Cost includes

- **Accommodation: Hotel in Delhi, Gangtok & Yuksam** on bed and breakfast basis. While on trek we will provide you **Dome/Alpine trekking tents**. Camping mattresses, kitchen tent, camping stool, camping table etc would be provided.
- **Transport: Tata Sumo/Mahindra Max car according to Itinerary. Also all sightseeing**
- **Meals: At Hotels only breakfast will serve.** While on trek, all meal. Meals will be freshly prepared and will be a mix of Indian, Chinese & Continental.
- **Yaks/Porters:** For carrying camping equipment, rations, vegetables and some amount of personal gear of the clients (one bag not weighing more than 14 kgs).
- **Professional local trekking guide and kitchen staff** would accompany the group
- **Entry fee and Inner Line permit (ILP) etc**

Cost does not include

- Air Ticket
- Sikkim Royalty (USD 200 for a group of 2-10 people)
- Any kind of transport & accommodation at Yuksam
- Any charges for carrying still/video cameras etc.
- Alcohol, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any meals/services not mentioned above
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Travel insurance

Trekking Equipments List

1. Trekking boots - well broken in and waterproofed
2. Down jacket or equivalent with hood
3. One heavy wool shirt or sweater
4. Two cotton shirts
5. One pair cotton trousers or shorts
6. One pair woolen trousers
7. One pair shorts or calf-length skirt for women
8. Three pairs of regular underwear
9. Long underwear - thermal or wool
10. Wind- and rain-gear with hood
11. Sun hat with brim
12. Woolen hat or balaclava
13. Woolen gloves
14. Woolen socks to wear with boots
15. Cotton socks
16. Personal first-aid kit including medication for common ailments
17. Flashlight with extra batteries
18. Sunglasses or snow goggles (an extra pair is recommended)
19. Water bottle, preferably wide mouthed, with at least one liter capacity
20. Pocket knife

21. Note book with pens and pencils
22. Plastic bags - small size for books, film etc., larger bags for clothes, sleeping bags
23. Well fitting strong shoes with a couple of woolen socks. The shoes should be used before treks to avoid blisters.
24. First aid set for minor accidents and sickness.
25. A raincoat is necessary to meet uncertainties of weather.
26. Chocolates, lozenges, candies, glucose and dry fruits provide extra pep and energy.
27. It is advisable not to exhaust energy by walking fast, as otherwise the trek will be not enjoyable.